



School Uniform and **STANDARDS OF APPEARANCE**

At Dowdales, we wear school uniform to:

- Instil pride amongst the students in their school.
- Encourage identity with, and support for, school ethos.
- Nurture cohesion and promote good relations between different groups of students.
- Ensure equality for all students.
- Provide a sense of belonging and identity.
- Setting an appropriate tone for education.

Uniform can be obtained from:

Identity - www.oneidentity.co.uk

Cumbria School Uniforms

www.cumbriaschooluniforms.co.uk

St. Mark's Clothes Bank, Barrow

The school office (please call first to check availability)

Other suppliers (supermarkets, clothing stores) where the logo is not required

Compulsory **EVERYDAY UNIFORM**

SCHOOL TIE

Top button should be fastened and ties should be worn full length.



SCHOOL SHIRT

White, long sleeved with Dowdales logo or a white, short sleeved shirt with Dowdales logo can be worn.



SCHOOL SWEATSHIRT

Navy blue with Dowdales logo.



SCHOOL SKIRT

Navy blue 3 pleat skirt or navy blue straight skirt both must be knee-length. Tights (black or navy) or socks (navy blue, black or white) can be worn with skirt.



SCHOOL TROUSERS

Black or navy blue formal trousers.



SENSIBLE SHOES

Plain black school shoes.
(For health and safety reasons trainers, canvas shoes and pumps are not allowed and the shoe must cover the whole of the foot and not be heeled).



SCHOOL COAT

The coat should be black/dark navy in colour.

SOCKS

Navy blue, black or white.

Lost **PROPERTY**

All items of uniform should clearly state your child's name, this will help us to return any lost items. We have two collection points for lost property, Pastoral Support (Attendance Office) and PE. If your child has lost an item of uniform we would encourage them to retrace their steps and then to visit Pastoral Support (Attendance Office) and PE. If you would like to report a lost item of clothing please call the school on 01229 469800.



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SCHOOL BAG

Rucksack-style bag to carry books and school equipment.
See examples.



APRON

To be worn during design technology lessons.



Optional Items

GUM SHIELD

HOODIE

Optional to be worn to and from school.



Compulsory **SPORTSWEAR**

Students who are unable to participate fully in PE are expected to bring and change into kit, so to be as inclusively involved in the lesson as possible.

RED POLO SHIRT

Also worn for dance and drama lessons, with logo.



REVERSIBLE RUGBY SHIRT

Compulsory for boys.



PE SOCKS

Black with red top.



BLACK SHORTS OR LEGGINGS

Also worn for dance and drama lessons, with logo.



FOOTWEAR

For the 4G footwear should be trainers or boots with non-metal studs.
Non-marking trainers for indoor and outdoor use.

SHIN PADS

Standards of **APPEARANCE**

HAIR

Should be traditional, conventional, of natural colour, neat and tidy and not follow extremes of fashion in terms of cut and length.

Long hair (below shoulder-length) should be tied back when determined by a teacher for health and safety reasons.
Hair should not obstruct eyes or face.

Coloured/shaved patterns in hair or eyebrows and no-guard haircut are not permitted. Students must be clean-shaven.

COSMETICS

Students are not allowed to wear make-up or nail varnish.
Accessories such as false nails, nail extensions, false eyelashes, bandanas and hair wraps are not permitted.

ACCESSORIES

Hats, scarves and gloves must be of a dark colour and must not be worn within the school building.
Headbands, bobbles and hair clips should be of a dark colour.

JEWELLERY

Only one small, plain stud per ear, in gold or silver and a watch are allowed.
For safety reasons rings, necklaces, stretcher earrings or body/facial piercings of any description are not allowed.